

Manhasset Dental, P.C.

2110 Northern Boulevard

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Post Treatment Care - Root Canals

It is normal to feel some tenderness in the area for a few days after your root canal treatment as your tooth undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time. These symptoms are temporary and usually respond very well to **over-the-counter pain medications**. It is important for you to follow the instructions on how to take these medications. Remember narcotic medications, if we prescribed any, may make you drowsy, you should not drive, sign legal documents or operate heavy machinery if you take prescription pain killers.

Your tooth may continue to feel slightly different from your other teeth for some time after your root canal treatment has been completed. However, if you have severe pain or feel pressure, please call our office.

- Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your lip, cheek or tongue.
- Do not chew or bite on the treated tooth until you have had it restored by us.
- Be sure to brush and floss your teeth.
- Place an ice pack on the cheek to calm swelling and soreness if needed.
- Elevate your head during sleep with an extra pillow to reduce swelling.
- If prescribed, take any antibiotics exactly as prescribed.
- If the opening in your tooth was restored with a temporary filling material, it is not unusual for the filling to wear off in-between appointments. However, if you think the entire filling has come out, contact our office.

Contact our office right away if you develop any of the following:

- A visible swelling inside or outside of your mouth;
- An allergic reaction to medication, including rash, hives or itching (nausea is not an allergic reaction);
- A return of your original symptoms;
- Your bite feels uneven.

Most teeth that have had a root canal become weaker than the original tooth, and may need a crown to strengthen the tooth.

Please call the office if you have any further questions or concerns

There are no silly questions...*be safe and not sorry!!!*

We are here for you: **Office:** 516 627-7888